

What Happens Next?

- You feel you just need some information, to help to make things better for you.....

Try visiting our [Help and Support Manchester Webpage](#) You will find the contact details of a wide range of agencies and people, who offer information, advice and support.

Visit: manchester.gov.uk/helpandsupportmanchester

- You feel that you or others in your family, may need some support with a few things your lives. Then the conversation with the worker and a completed Early Help Assessment could help you and your family.
- A better understanding as to how your parent/s feels about areas of their lives will be needed. The worker will need to have a similar conversation with your parent/s as it's important to see "the big picture".

Take this leaflet with you and speak with either your G.P, School Teacher, School nurse, College tutors, Youth Workers and young people advice services. You and they can arrange a suitable time to have a proper conversation about what could be better and what needs to happen next. They will check that you and your parent/s agree that the main points from the conversations can be recorded on an Early Help Assessment form and shared with those other agencies who can potentially offer you and your family practical, realistic Early Help.

This form was given to me by:

Name of Worker:.....

Agency:Tel no.....



The Early Help Assessment

Support for YOU and your family



What is an Early Help Assessment?

Workers from different agencies work together with you, to sort out any areas of life that you or your family may want some support with.

It begins with a conversation with you and usually a worker who you already know, like a youth worker, teacher or GP.

- The conversation looks at how you feel about different areas of your life.
- You can talk about how things are going for you at home, with your health, school, college and real world or on line social/ community issues.
- The conversation will highlight what you feel is working well and what you feel could be better for you and your family.
- The conversation helps those who can offer you support, to understand, what is the most important issue to you and what needs to happen next, to offer you some real support.
- After the conversation, you and a worker can agree if you just need some information or advice, or if you and your family need a bit more support from different agencies. Helping you to help yourself is the key principle of Early Help.

Is Early Help For Me? Try answering a few questions



Your assessment of how things are going for your family

Home (My house, money, relationships)

- What would I say is working well?
- What would I, or my family say could be better?
- What am I struggling with?

Work / Training (For all adults in the home)

- What would I say is going well?
- What would I, or my family say could be better?
- What am I struggling with?

Nursery/ School / Education (For the children in your home)

- What is the one thing I would say is working well?
- What would I, or my family say could be better?
- What am I struggling with?

Health (Think of everyone in the home)

- What is the one thing I would say is working well?
- What would I, or my family say could be better?
- What am I struggling with?

Social/Community (Support from family and friends, groups)

- What is the one thing I would say is working well?
- What would I, or my family say could be better?
- What am I struggling with?

You may want to record your answers below.....

Home (Housing, benefits, relationships)

Work / Training (For all adults in the home)

Nursery/ School / Education (For the children in your home)

Health (Think of everyone in the home)

Social/Community (Support from family and friends, groups)
